

The Ten Native American Commandments

1. Treat the Earth and all that dwell thereon with respect.
2. Remain close the Great Spirit.
3. Show great respect for your fellow beings.
4. Work together for the benefit of all Mankind.
5. Give assistance and kindness wherever needed.
6. Do what you know to be right.
7. Look after the well-being of mind and body.
8. Dedicate a share of your efforts to the greater good.
9. Be truthful and honest at all times.
10. Take full responsibility for your actions

Native American Version Of The Twenty-third Psalm

The Great Father above a shepherd Chief is. I am His and with
Him I
want not. He throws out to me a rope and the name of the rope is love
and
He draws me to where the grass is green and the water not
dangerous, and
I eat and lie down and am satisfied. Sometimes my heart is very
weak and
falls down but He lifts me up again and draws me into a good road.
His name is WONDERFUL.

Sometime, it may be very soon, it may be a long, long time.
He will draw me into a valley. It is dark there, but I'll be afraid not,
for it is in between those mountains that the Shepherd Chief will meet
me
and the hunger that I have in my heart all through this life will be
satisfied.

He gives me a staff to lean upon. He spreads a table
before me with all kinds of foods.

He puts His hand upon my head and all the "tired" is gone.
My cup He fills till it runs over. What I tell is true, I lie not.
These roads that are "away ahead" will stay with me through this
life and after; and afterwards I will go to live in the Big Teepee and
sit
down with the Shepherd Chief forever.

Native People's Prayer

Oh Great Spirit, whose voice I hear in the winds and whose breath gives life to all the world, hear me. I am small and weak, I need your strength and wisdom. Let me walk in beauty and make my eyes ever behold the red and purple sunset.

Make my hands respect the things that you have created and my ears sharp to hear your voice. Make me wise so that I may understand the sacred things you have taught my people.

Help me to learn the many lessons that you have hidden in every part of creation. I seek strength not to be greater than my brother or sister, but to fight and conquer my greatest enemy - myself.

Make me always ready to come to you with clean hands and straight eyes, so when life fades as the fading sunset, my spirit may come to you without shame.

Apache Wedding Blessing

Now you will feel no rain
for each of you will be shelter to the other.

Now you will feel no cold
for each of you will be warmth to the other.

Now there is no more loneliness
for each of you will be companion to the other.

Now you are two bodies
but there is only one life before you.

Go now to your dwelling place
to enter into the days of your togetherness.

And may your days be good and long upon the
earth.

Chief Seattle Speech

"Will you teach your children what
we have taught our children?
That the earth is our mother?

What befalls the earth befalls all the sons of the earth.

"This we know: the earth does not belong to man,
man belongs to the earth.

All things are connected like the blood that unites us all.

Man did not weave the web of life, he is merely a strand in it.

Whatever he does to the web, he does to himself.

"One thing we know: our god is also your god.

The earth is precious to him and to harm the earth
is to heap contempt on its creator.

Living

To touch the cup with eager lips and taste, not drain it;

To woo and tempt and court a bliss - and not attain it;

To fondle and caress a joy, yet hold it lightly,

Lest it become necessity and cling too tightly;

To watch the sun set in the west without regretting;

To hail its advent in the east - the night forgetting;

To smother care in happiness and grief in laughter;

To hold the present close - not questioning hereafter;

To have enough to share - to know the joy of giving;

To thrill with all the sweets of life - is living.

How To Be Happy

Are you almost disgusted with life, little man?
I'll tell you a wonderful trick
That will bring you contentment, if anything can,
Do something for somebody, quick!

Are you awfully tired with play, little girl?
Wearied, discouraged, and sick
I'll tell you the loveliest game in the world,
Do something for somebody, quick!

Though it rains, like the rain of the flood, little man,
And the clouds are forbidding and thick,
You can make the sun shine on your soul, little man,
Do something for somebody, quick!

Though the stars are like brass overhead, little girl,
And the walks like a well-heated brick,
And our earthy affairs in a terrible whirl,
Do something for somebody, quick!

Methuselah

Methuselah ate what he found on his plate,
And never, as people do now,
Did he note the amount of calorie count;
He ate it because it was chow.
He wasn't disturbed as at dinner he sat,
Devouring a roast or a pie,
To think it was lacking in granular fat
Or a couple of vitamins shy.
He cheerfully chewed each species of food,
Unmindful of troubles or fears
Lest his health might be hurt
By some fancy dessert;
And he lived over nine hundred years.

Moments

There are moments in life when you miss someone so much that you just want to pick them from your dreams and hug them.

Dream what you want to dream; go where you want to go; be what you want to be, because you have only one life and one chance to do all the things you want to do.

May you have enough happiness to make you sweet, enough trials to make you strong, enough sorrow to keep you human, enough hope to make you happy.

Always put yourself in others' shoes. If you feel that it hurts you, it probably hurts the other person, too.

The happiest of people don't necessarily have the best of everything; they just make the most of everything that comes along their way.

Happiness lies for those who cry, those who hurt, those who have searched, and those who tried, for only they can appreciate the importance of people who have touched their lives.

Love begins with a smile, grows with a kiss and ends with a tear.

The brightest future will always be based on a forgotten past, you can't go on well in life until you let go of your past failures and heartaches.

When you were born, you were crying and everyone around you was smiling. Live your life so that when you die, you're the one who is smiling and everyone around you is crying.

A Smile

Let others cheer the winning man,
There's one I hold worthwhile;
'Tis he who does the best he can,
Then loses with a smile.
Beaten he is, but not to stay
Down with the rank and file;
That man will win some other day,
Who loses with a smile.

May You Always Have Work

May you always have work for
your hands to do.

May your pockets hold always a
coin or two.

May the sun shine bright on your
windowpane.

May the rainbow be certain to
follow each rain.

May the hand of a friend always
be near you.

And may God fill your heart with
gladness to cheer you.

May The Irish Hills Caress You

May the Irish hills
caress you.

May her lakes and rivers
bless you.

May the luck of the Irish
enfold you.

May the blessings of
Saint Patrick behold you.